



Quirke Dental Surgeons

Welcome!

Welcome to the Quirke Dental Surgeons patient newsletter. Every few months we will aim to bring you the latest news and items of interest from the practice. We hope that you like the look of the newsletter and will find stories relevant to you, your family and people that you may know. We want this to be your newsletter so if you have any ideas or suggestions for future editions then please do contact us at quirkedental@gmail.com

We are kicking off our newsletter with some further information on the new range of dental health care plans that we offer. At Quirke Dental, we have always strived to provide the highest standards of dentistry to all our clients whilst also providing a cost effective way for families to benefit from our excellent service. In response to the recent government changes we have designed and launched our own range of dental health care plans.

Our plans have been created as the best way to keep you dentally healthy. Turn to page 2 to find out more.

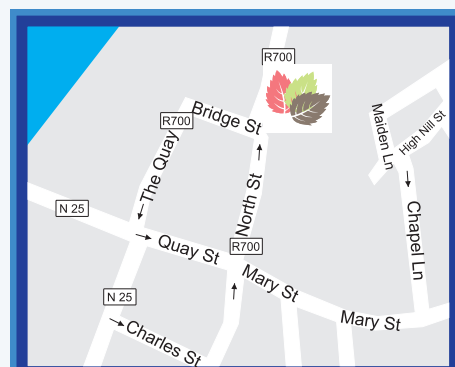
Do you have crooked or rotated teeth? Have they been bothering you? On Page 3 we spotlight a new treatment called 6 Month Smiles that could be what you are looking for.

Finally, on Page 4 we feature a piece on our Facebook page and also more details on the team that provides your dental care.

If you have any comments or queries on the information contained in this newsletter or would like to book a consultation then please call us on 051 421453

We look forward to seeing you soon!

The Quirke Dental Team 



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New Ross
Co. Wexford

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Website: www.qds.ie
Email: quirkedental@gmail.com

 Search for
'Quirke Dental Surgeons'

Opening Hours:
Monday – Friday
9am – 6pm
Saturday
9am – 5pm

Dental Health Care Plans

The recent changes to the medical card scheme and cuts in PRSI have meant that many of our patients are concerned about the potential cost of their dental health.

At Quirke Dental we take pride in the service and care that we provide to the people of New Ross and the surrounding area. Our focus has always been your improved dental and overall health. In keeping with this we have designed and launched a series of dental health care plans. Our plans have been created as the best way to keep you dentally healthy.

A great deal of research has shown that a preventative approach to dental care greatly reduces gum disease, tooth loss, oral cancer, heart disease and diabetes. Patients who visit the dentist regularly are less likely to need longer-term treatment – coming to see us at the optimum frequency will help keep you healthy!

The four plans that we provide offer varying levels of care and they all include worldwide accident and emergency insurance cover.

The plans that we offer are:

- Private Maintenance Plan - €18.30 per month
- Parallel Maintenance Plan - €15.40 per month
- Children's Maintenance Plan - €7.80 per month
- Health Check Plan - €4.50 per month



How can I join a Quirke Dental Health Plan?

Simply come in and see us at the practice and following a dental health consultation fill in a registration form and a Direct Debit mandate and that's all there is to it!

With plans starting from €4.50 a month, we are sure that there is a plan to suit every pocket. If you decide to leave a plan for any reason, you can do so after 3 months with just one month's notice.

If you would like any further information, please don't hesitate to contact us at the practice on 051 421453 or email us at quirkedental@gmail.com





6 Month Smiles!

6 Month Smiles is a modern twist on tried and tested orthodontics.

The 6 Month Smiles technique uses the latest technology and techniques to move teeth quickly and safely. 6 Month Smiles uses clear braces and tooth coloured wires which are barely visible. The clear braces gently straighten teeth in an average time of only 6 months.

By focusing on the teeth that show when smiling and not making significant changes to your bite, teeth can be comfortably straightened to give you the attractive smile that you have always wanted.

6 Month Smiles



Before



After

FAQ's

Q: How can teeth be straightened in only 6 months?

A: The 6 Month Smiles technique employs the latest technology and techniques in dentistry to move teeth quickly and safely. The key components of the treatment are the use of special nickel titanium wires and a primary focus of moving the teeth that show when you smile.

Q: 6 months sounds good, but will I still have a mouth full of metal for the whole time?

A: No! 6 Month Smiles dentists use tooth coloured braces that are barely visible. The wires are usually tooth coloured as well. These are nothing like metal braces!

Q: How are 6 Month Smiles more comfortable than regular braces?

A: 6 Month Smiles uses low force to move teeth more comfortably. Many people think that the accelerated treatment means simply "tightening" regular braces to get the teeth moving, but that is not true. 6 Month Smiles utilises standard orthodontic mechanics, but with an emphasis on the cosmetic appearance of your teeth rather than the position of your bite.

Q: Do 6 Month Smiles braces damage the teeth, roots or gums?

A: There are no more risks than those associated with traditional orthodontics. Since the forces used with 6 Month Smiles braces are lighter and teeth are seldom extracted, there are actually even fewer risks involved with 6 Month Smiles orthodontics.

Q: Will I have to wear a retainer?

A: Yes, as with any teeth-straightening treatment a retainer is necessary to maintain the straighter opposition of your teeth. If you don't want to wear a removable retainer, you can have a bonded retainer placed. There are a variety of options that you can choose from according to your personal preference and situation.

Q: What's the catch?

A: There really is no catch. If you are an adult with crooked or spaced teeth and you're not looking for a major alteration to your bite, this could be the solution for you! Most adults ARE candidates for 6 Month Smiles.

If you would like any further information, please don't hesitate to contact us at the practice on 051 421453 or email us at quirkedental@gmail.com





Send Quirke Dental a message

We are a family-run dental practice providing dental care to patients from Wexford, Kilkenny, Carlow and Waterford. We strive to provide a wide range of services in comfortable and relaxed surroundings.

Information

Current location:
New Ross, Ireland

Friends

260 friends

View All



Craig Collier Christopher Baker Sinéad Furlong



Jas O'Callaghan Niamh Aj Carol Cleary

Likes

28 likes



Quirke Dental Surgeons

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Quirke Dental Surgeons <http://www.irishtimes.com/newspaper/health/2010/1123/1224283921058.html>



Health Gem - The Irish Times - Tue, Nov 23, 2010
www.irishtimes.com

IF YOU DO ONE THING THIS WEEK . . . GIVE YOUR TEETH A BREAK AT NIGHT

Tuesday at 21:08 · Share



Quirke Dental Surgeons



Healthy Mouth, Healthy You
www.youtube.com

As a way to illustrate recent scientific developments in the connection between oral and systemic health in people with advanced gum disease, the makers of LISTERINE® Antiseptic have developed an educational video for both consumers and dental professionals.

18 November at 21:33 · Share



Quirke Dental Surgeons What about snoring?
<http://www.silensor.co.uk/silensor.html>



Snoring Causes - Silensor Anti-Snoring System
www.silensor.co.uk

Silensor Anti-Snoring System - This site describes a revolutionary new anti-snoring system, stop snoring system recently received much coverage in the UK national/local press and media about snoring problems

12 November at 23:44 · Share



Quirke Dental Surgeons Tension or migraine headaches. The NTI-TSS appliance may provide a solution.
http://www.headacheprevention.com/index.php?option=com_frontpage&Itemid=1



HeadAchePrevention.com - Home
www.headacheprevention.com

Migraine Prevention and Headache Prevention: The NTI Tension Suppression System and Directory-- For the prevention of migraine pain

facebook

A social dental team!

Here at Quirke Dental Surgeons we have always embraced new technology for the benefit of our patients.

With this in mind you can now find us on Facebook – simply search for 'Quirke Dental Surgeons'. We will aim to keep you updated with a mix of advice, education and fun on a regular basis.

Quirke Dental Surgeons



We also thought that we would take this opportunity to remind you of who everyone at the practice is and what they do!

The practice owners, **Maurice Quirke** BDS (NUI) and **Ursula Quirke** BDS (NUI) graduated in 1989 from UCC and have run the practice since 1992.

Dr **Niamh Morris** BDS (U. Dund) graduated from University College, Dundee in 2007 and joined the practice in 2008.

Ms **Carol Cleary** RDH, our hygienist is a graduate of UCC.

Mr **Sharif Nayyar**, (not pictured) is our oral surgery specialist and is a Fellow of the Royal College of Surgeons in Ireland.

Mary Flynn, the practice manageress, has worked at the practice for over 30 years. She is ably supported by **Sue Proctor**, **Caroline Barron**, **Grace Phelan** and **Lorraine Cloke** who collectively bring another 25 years of experience with them.

All of our nurses are fully qualified.

So now you know!